



## **DAP CYCLING CLUB**

# **OPEN 10 MILE TIME TRIAL**

**Promoted for and on behalf of Cycle Time Trials under their Rules & Regulations on  
Saturday 19<sup>th</sup> September on the B10/43 Course.**

**OFFICIALS:**

Timekeepers: Nick Esser (DAP CC), Paul Vergette (Godric CC)

Marshals: Members of DAP CC

Event Secretary: Mark Richards

64 Rotterdam Road

Lowestoft

Suffolk

NR32 2HA

richards\_mb@yahoo.co.uk

Many Thanks to the Time keepers, Marshalls, Helpers, Risi Bici Deli Café and James Lucas with this Live Timing for making the event a success. Also Thank you to the riders for giving us a great turn out and race in these strange times. See you all again next year!

**Course Record:** 19:10 (Jason Bouttell, 2017)

**Awards:** (one prize per rider except team)

### Scratch

1<sup>st</sup> £30 Timothy Torrie

2<sup>nd</sup> £25 Mark Richards

3<sup>rd</sup> £20 Lloyd Chapman

4<sup>th</sup> £15 James Young

5<sup>th</sup> £10 Dan Blackburn

### Vet. On standard

1<sup>st</sup> £30 Keith Dorling

2<sup>nd</sup> £25 Mark Arnold

3<sup>rd</sup> £20 Matt O'Brien

4<sup>th</sup> £15 John Bradbury

5<sup>th</sup> £10 Nick Partridge

### Ladies

1<sup>st</sup> £30 Becky Ridge

2<sup>nd</sup> £25 Verity Smith

3<sup>rd</sup> £20 Kerry Tate

### Tandem

1<sup>st</sup> £20 each Andrew Hutchison, Catherine Hutchison

### Team

£10 each Lloyd Chapman, Matt O'Brien, Stuart Fairweather

## Tandems

Pos	Rider	Club(s)	Time	VTTA +/-
1	Andrew Hutchison Catherine Hutchison	Lowestoft Wheelers Cycling Club	00:23:49	+00:04:38
2	Mark Fraser Anna Fraser	citycyclecentre CC Ashwell	00:24:51	+00:03:23
3	John Swanbury Kate Churchill	VC Baracchi	00:25:06	+00:04:47

## Solo (Scratch)

Pos	Rider	Club	Gender	Category	Time
1	Timothy Torrie	TBW23 Stuart Hall Cycling P/b Trainsharp	Male	Espoir	00:20:11
2	Mark Richards	D A P Cycling Club	Male	Senior	00:20:39
3	Lloyd Chapman	Loose Cannon's Conditioning	Male	Senior	00:20:49
4	Matt O'Brien	Loose Cannon's Conditioning	Male	Veteran	00:20:51
5	James Young	Plomesgate CC	Male	Veteran	00:20:59
6	Mark Arnold	VTTA (East Anglia Group)	Male	Veteran	00:21:01
7	Nick Partridge	VC Baracchi	Male	Veteran	00:21:01
8	Dan Blackburn	Epic Orange/Physio Resolutions	Male	Veteran	00:21:21
9	John Bradbury	CC Sudbury	Male	Veteran	00:21:29
10	James Potter	Orwell Velo	Male	Senior	00:21:40
11	Stuart Fairweather	Loose Cannon's Conditioning	Male	Veteran	00:21:43
12	Keith Dorling	Team Bottrill	Male	Veteran	00:22:05
13	Gary Record	West Kent RC	Male	Senior	00:22:14
14	Gary Freeman	Pedal Power Cycles Ipswich	Male	Senior	00:22:24
15	Daniel Homer	London Phoenix CC	Male	Veteran	00:22:25
16	Simon Daw	Datalynx-Parenesis Cycling	Male	Veteran	00:22:30
17	Morris Bacon	D A P Cycling Club	Male	Senior	00:22:32
18	Oliver Handley	Orwell Velo	Male	Senior	00:22:41
19	Terry Garlinge	Easterley Road Club	Male	Veteran	00:22:44
20	Edward Day	Norwich A B C	Male	Senior	00:22:49
21	Paul Hayward	VC Baracchi	Male	Veteran	00:23:00
22	Chris Tye	Plomesgate CC	Male	Veteran	00:23:03
23	Mark Lloyd	Colchester Rovers CC	Male	Veteran	00:23:04
24	Ian Short	Team Salesengine.co.uk	Male	Veteran	00:23:05
25	Stuart Supple	VC Baracchi	Male	Veteran	00:23:08
26	Dave Clark	Orwell Velo	Male	Veteran	00:23:17

Pos	Rider	Club	Gender	Category	Time
27	Gary Pamment	CC Sudbury	Male	Veteran	00:23:18
28	Jason Turner	Norwich A B C	Male	Veteran	00:23:22
29	Barry Holderness	Essex Roads CC	Male	Veteran	00:23:23
30	Luke Lynds	Tri-Anglia Triathlon Club	Male	Espoir	00:23:26
31	Paul Dennington	VC Baracchi	Male	Veteran	00:23:28
32	Becky Ridge	TPH Racing	Female	Senior	00:23:36
33	Thomas Dean	Royal Air Force Cycling Association	Male	Senior	00:23:37
34	Johnathan Lincoln	Great Yarmouth C C	Male	Veteran	00:24:00
35	Phil Jarvis	Colchester Rovers CC	Male	Veteran	00:24:06
36	Oliver Wilkens	VC Norwich	Male	Veteran	00:24:11
37	Nicholas Webber	Hadleigh Cycling Club	Male	Veteran	00:24:11
38	Trevor Caley	Plomesgate CC	Male	Veteran	00:24:16
39	Mick Stevens	Melton Olympic CC	Male	Veteran	00:24:19
40	Verity Smith	Loose Cannon's Conditioning	Female	Veteran	00:24:30
41	Trevor Banham	Diss & District CC	Male	Veteran	00:24:33
42	Kerry Tate	Newmarket Cycling & Triathlon Club	Female	Senior	00:24:47
43	Kevin Hickman	API-Metrow	Male	Veteran	00:24:47
44	Julia Freeman	Easterley Road Club	Female	Veteran	00:24:48
45	John Iszatt	Team Vision Racing - Silverhook	Male	Veteran	00:24:49
46	Chris Nudds	CC Breckland	Male	Veteran	00:24:59
47	Andrew Bright	Chronos RT	Male	Veteran	00:25:10
48	Brian Carr	Great Yarmouth C C	Male	Veteran	00:25:18
49	Steven Carruthers	Rock Estate	Male	Veteran	00:25:19
50	Matthew Holland	Great Yarmouth C C	Male	Junior	00:25:23
51	Jan Ertner	Cambridge CC	Male	Veteran	00:25:24
52	Martin Pyne	Anglia Velo	Male	Veteran	00:25:38
53	Ben Dean	Tri-Anglia Triathlon Club	Male	Senior	00:25:40

<b>Pos</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>	<b>Time</b>
54	Nigel Hodge	Tri-Anglia Triathlon Club	Male	Veteran	00:25:46
55	Iain Dawson	CC Breckland	Male	Veteran	00:25:48
56	Michelle Sayer	Beccles Tri Club	Female	Veteran	00:26:06
57	Kay Burgess	Team Velovelocity	Female	Veteran	00:26:13
58	Daniel Sayer	Beccles Tri Club	Male	Veteran	00:26:25
59	Jenny Anderson	Great Yarmouth C C	Female	Veteran	00:26:37
60	Ann Shuttleworth	Cambridge CC	Female	Veteran	00:26:39
61	Ryan Coles	VC Baracchi	Male	Junior	00:26:44
62	Sally Withey	Team Swift	Female	Veteran	00:26:50
63	David Young	West Suffolk Wheelers	Male	Senior	00:26:57
64	Linda Hones	Newmarket Cycling & Triathlon Club	Female	Veteran	00:27:06
65	John Steed	West Suffolk Wheelers	Male	Veteran	00:27:10
66	Andrew Grant	Chelmer CC	Male	Veteran	00:27:17
67	Kerstin Langer	Great Yarmouth C C	Female	Veteran	00:27:20
68	Mark Munnings	Lowestoft Wheelers Cycling Club	Male	Veteran	00:27:22
69	Lee Cheung	D A P Cycling Club	Male	Senior	00:27:27
70	James Moore	VC Baracchi	Male	Senior	00:28:13
71	Jamie Bretton	VC Baracchi	Male	Juvenile	00:28:21
72	Tracy Youngman	Rock Estate	Female	Veteran	00:28:21
73	Phil Bailey	Basildon CC	Male	Veteran	00:28:23
74	Amy Randall	Team Skipper	Female	Senior	00:28:33
75	Mark Eastwood	West Suffolk Wheelers	Male	Veteran	00:28:51
76	Mark Carroll	VC Baracchi	Male	Veteran	00:29:35
77	Cheryl Tye	Plomesgate CC	Female	Veteran	00:30:38
78	Joanne Browne	Rock Estate	Female	Veteran	00:31:24
79	Gerry Barton	West Suffolk Wheelers	Male	Veteran	00:32:41
80	Caroline Wyke	CC Sudbury	Female	Veteran	00:38:10

Pos	Rider	Club	Gender	Category	Time
81	Mark Ramsdale	Great Yarmouth C C	Male	Veteran	00:39:50

### Solo Female (Scratch)

Pos	Rider	Club	Category	Time
1	Becky Ridge	TPH Racing	Senior	00:23:36
2	Verity Smith	Loose Cannon's Conditioning	Veteran	00:24:30
3	Kerry Tate	Newmarket Cycling & Triathlon Club	Senior	00:24:47
4	Julia Freeman	Easterley Road Club	Veteran	00:24:48
5	Michelle Sayer	Beccles Tri Club	Veteran	00:26:06
6	Kay Burgess	Team Velovelocity	Veteran	00:26:13
7	Jenny Anderson	Great Yarmouth C C	Veteran	00:26:37
8	Ann Shuttleworth	Cambridge CC	Veteran	00:26:39
9	Sally Withey	Team Swift	Veteran	00:26:50
10	Linda Hones	Newmarket Cycling & Triathlon Club	Veteran	00:27:06
11	Kerstin Langer	Great Yarmouth C C	Veteran	00:27:20
12	Tracy Youngman	Rock Estate	Veteran	00:28:21
13	Amy Randall	Team Skipper	Senior	00:28:33
14	Cheryl Tye	Plomesgate CC	Veteran	00:30:38
15	Joanne Browne	Rock Estate	Veteran	00:31:24
16	Caroline Wyke	CC Sudbury	Veteran	00:38:10

### Solo Female Veterans

Pos	Rider	Club	Time	VTTA +/-
1	Julia Freeman	Easterley Road Club	00:24:48	+00:04:50
2	Verity Smith	Loose Cannon's Conditioning	00:24:30	+00:04:06
3	Jenny Anderson	Great Yarmouth C C	00:26:37	+00:03:54
4	Kay Burgess	Team Velovelocity	00:26:13	+00:02:58
5	Ann Shuttleworth	Cambridge CC	00:26:39	+00:02:48

Pos	Rider	Club	Time	VTTA +/-
6	Michelle Sayer	Beccles Tri Club	00:26:06	+00:02:46
7	Linda Hones	Newmarket Cycling & Triathlon Club	00:27:06	+00:02:43
8	Sally Withey	Team Swift	00:26:50	+00:02:21
9	Kerstin Langer	Great Yarmouth C C	00:27:20	+00:02:07
10	Tracy Youngman	Rock Estate	00:28:21	+00:00:40
11	Cheryl Tye	Plomesgate CC	00:30:38	-00:01:22
12	Joanne Browne	Rock Estate	00:31:24	-00:02:18
13	Caroline Wyke	CC Sudbury	00:38:10	-00:07:39

## Solo Male Veterans

Pos	Rider(s)	Club(s)	Time	VTTA +/-
1	Keith Dorling	Team Bottrill	00:22:05	+00:05:40
2	Mark Arnold	VTTA (East Anglia Group)	00:21:01	+00:05:30
3	Matt O'Brien	Loose Cannon's Conditioning	00:20:51	+00:05:21
4	John Bradbury	CC Sudbury	00:21:29	+00:05:16
5	Nick Partridge	VC Baracchi	00:21:01	+00:05:11
6	James Young	Plomesgate CC	00:20:59	+00:05:08
7	Dan Blackburn	Epic Orange/Physio Resolutions	00:21:21	+00:04:56
8	Simon Daw	Datalynx-Parenesis Cycling	00:22:30	+00:04:47
9	Mick Stevens	Melton Olympic CC	00:24:19	+00:04:39
10	Stuart Fairweather	Loose Cannon's Conditioning	00:21:43	+00:04:34
11	Daniel Homer	London Phoenix CC	00:22:25	+00:04:24
12	Chris Nudds	CC Breckland	00:24:59	+00:04:21
13	Terry Garlinge	Easterley Road Club	00:22:44	+00:04:05
14	Chris Tye	Plomesgate CC	00:23:03	+00:04:00
15	Paul Dennington	VC Baracchi	00:23:28	+00:03:49
16	Mark Lloyd	Colchester Rovers CC	00:23:04	+00:03:41
17	Ian Short	Team Salesengine.co.uk	00:23:05	+00:03:31

<b>Pos</b>	<b>Rider(s)</b>	<b>Club(s)</b>	<b>Time</b>	<b>VTTA +/-</b>
18	Nicholas Webber	Hadleigh Cycling Club	00:24:11	+00:03:28
19	Gary Pamment	CC Sudbury	00:23:18	+00:03:27
20	Jason Turner	Norwich A B C	00:23:22	+00:03:23
21	Stuart Supple	VC Baracchi	00:23:08	+00:03:19
22	Kevin Hickman	API-Metrow	00:24:47	+00:03:19
23	Barry Holderness	Essex Roads CC	00:23:23	+00:03:17
24	Paul Hayward	VC Baracchi	00:23:00	+00:03:12
25	Phil Jarvis	Colchester Rovers CC	00:24:06	+00:03:06
26	Trevor Banham	Diss & District CC	00:24:33	+00:03:06
27	Brian Carr	Great Yarmouth C C	00:25:18	+00:03:03
28	Trevor Caley	Plomesgate CC	00:24:16	+00:02:56
29	John Iszatt	Team Vision Racing - Silverhook	00:24:49	+00:02:56
30	Dave Clark	Orwell Velo	00:23:17	+00:02:55
31	Johnathan Lincoln	Great Yarmouth C C	00:24:00	+00:02:36
32	Martin Pyne	Anglia Velo	00:25:38	+00:02:21
33	John Steed	West Suffolk Wheelers	00:27:10	+00:02:10
34	Oliver Wilkens	VC Norwich	00:24:11	+00:01:56
35	Andrew Bright	Chronos RT	00:25:10	+00:01:48
36	Jan Ertner	Cambridge CC	00:25:24	+00:01:43
37	Steven Carruthers	Rock Estate	00:25:19	+00:01:35
38	Nigel Hodge	Tri-Anglia Triathlon Club	00:25:46	+00:01:12
39	Iain Dawson	CC Breckland	00:25:48	+00:00:29
40	Andrew Grant	Chelmer CC	00:27:17	+00:00:28
41	Daniel Sayer	Beccles Tri Club	00:26:25	+00:00:15
42	Mark Munnings	Lowestoft Wheelers Cycling Club	00:27:22	+00:00:11
43	Phil Bailey	Basildon CC	00:28:23	-00:00:50
44	Mark Eastwood	West Suffolk Wheelers	00:28:51	-00:01:34

Pos	Rider(s)	Club(s)	Time	VTTA +/-
45	Mark Carroll	VC Baracchi	00:29:35	-00:01:56
46	Gerry Barton	West Suffolk Wheelers	00:32:41	-00:03:43
47	Mark Ramsdale	Great Yarmouth C C	00:39:50	-00:13:48

## Teams

Pos	Club	Time
1	Loose Cannon's Conditioning	01:03:23
2	VC Baracchi	01:07:09
3	Orwell Velo	01:07:38
4	Plomesgate CC	01:08:18
5	D A P Cycling Club	01:10:38
6	Great Yarmouth C C	01:14:41
7	Tri-Anglia Triathlon Club	01:14:52
8	West Suffolk Wheelers	01:22:58